



## East Spring Secondary School

### Power of Positive Energy (PPE)

#### Student Goals/Outcomes for Excellence & Success

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Department: Prefectorial Board

Position: Assistant Head Prefect

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#### **PPE Sharing**

Good morning Mrs Jalil, Mrs Mohinder, Mr Chan, teachers and fellow East Springians. Last Wednesday's PPE by our dear head prefect, Melissa, has inspired me to look away from my results that were below expectations as well as negative remarks from the people around me.

However, I know that sometimes the negativity gets the better of us. This makes us not like school. We find school boring, waking up early in the morning a pain and rushing through homework extremely frustrating, especially on CCA days. I know sometimes all we want is to rest. Yet, the truth is most of us felt bored during the holidays and all we ended up doing were browsing through Instagram, scrolling through twitter and ranting on our blogs. Without school and school activities, this is what many of us become. I don't think this is the fulfilling life that we all hope for. So instead, let's enjoy this thrilling 2014 ride to the fullest and make every day count.

Every dollar we save a day gives us thirty dollars at the end of the month. Every step we take, brings us nearer to our goals and every day that passes, brings us nearer to our destination. With every little effort we put in every day brings us to our desired results at the end of the year. So let's start this year right and make use of all the time we have. They say enthusiasm is the mother of effort and without it nothing great was ever achieved, so come to classes with an open mind and be enthusiastic when learning new things.

For the sec 1s, enjoy every single activity and learn everything you can. Expose yourselves to new experiences. For the sec 2s, treasure your friends and make every day count as a class by working towards your desired sec 3 classes. For the sec 3s, this is the start of your new piggy bank, start investing in this piggy bank that will last for the next two years. And for the graduating classes, start warming yourself up for the final sprint and push your best for this last lap.

Maria Robinson said "Nobody can go back and start a new beginning but anyone can start today and make a new ending." So, Aim High and Act Now.

Thank You.

