



East Spring Secondary School
Power of Positive Energy (PPE)
Staff Presentations

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Date: **10 Feb 2014**

Good morning, school.

Today, I would like to share with you some hard truths about success.

You have to wake up earlier than you want to.
You have to come to school even if you don't want to.
You have to press on even if the results are not what you expected.
You have to take initiative to consult teachers on schoolwork even when no one else is doing so.
You have to solve problems when it is easier to dismiss them.
You have to admit to your mistakes when you are in the wrong.
You have to keep to your promises even though it is easier to break them.
You have to meet many assignment deadlines and yet produce good quality work.
You have tried and failed and you have to try again.
You have to keep moving towards where you want to be no matter what's in front of you.
All in all, you have to do the hard things.

The things that scare you.
The things that daunt you.
The things that make you wonder how much longer you can hold on.

Those are the things that define you. Do you want to be mediocre or do you want to be successful?
Those are the things that make the difference.

The hard things are the easiest things to avoid. To excuse. To pretend like they don't apply to you.

The simple truth about how once ordinary people such as Apple's Steve Jobs accomplish astounding success is that they do the hard things that other people don't have the courage to do.

The 21st century is filled with many opportunities and new exciting possibilities. Whether you succeed in the future depends on what you think and do today.

As Michael Jordan once said, "Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."

Let me also share a quote with you inspired by my form class, 4T1: Ready, steady, slowly but surely. The race may be long and difficult but as long as you persevere, you will succeed.

So East Springians, do the hard things. You might be surprised at how amazing you can be.

Thank you.